



Micropigmentation Pre-Procedure Information & Care

Congratulations! You are making an investment in yourself. We are confident that this procedure will put a pep in your step and make you feel great about yourself. Before beginning, let's make sure you are a good candidate for micropigmentation and help you understand what to expect. We want to make sure you get great results, which also requires that you follow appropriate pre- and post-care instructions.

It is very important that you read ALL of the information in this document.

You are not a candidate for micropigmentation if any of the following apply to you:

- Pregnancy
- Nursing
- Diabetes Type 1
- Lupus
- Hepatitis B/C
- AIDS
- Active Skin Disorders: Cold Sores, Shingles, Impetigo, Psoriasis, Pink Eye, Sun Burn, Severe Acne
- Active Vitiligo
- Severe Rosacea
- Blood Disorders: Sickle Cell, Hemophilia
- Keloid Formation
- Mental Disorder
- Accutane (must be off for 6 months)
- Steroids (must be off for 6 months)

Restrictions -

- **Retinol/Retin-A** must be discontinued 7 days prior to procedure. (It will cause the skin to bleed).
- **Injections** (Botox, Radiesse, JuvaDerm, Voluma, etc.) must be done 2 weeks before or 2 weeks after procedure.
- **Chemical peels** and **laser treatments** may not be done within 60 days before or after procedure.
- **The use of Latisse®** must be discontinued *at least* 3 months prior to your eyeliner procedure.
- **Sunburned** or **Suntanned skin** is damaged skin and therefore will cause excessive bleeding. We CANNOT work on sunburned or suntanned skin.
- **You cannot expose the area to the sun** for 2 weeks before or after procedure.
- **Do not schedule this procedure within one week prior to a water vacation.**
- **Stay out of steam rooms, saunas, hot yoga, swimming pool**, etc. for one week following procedure.

- **Avoid working out or sweating for 1 week post procedure.** (sweat will prevent pigment from healing into the skin)
- **Avoid alcohol and caffeine 1 day before procedure** to minimize any oozing, bleeding or swelling.
- **Do not take aspirin, ibuprofen, niacin, fish oil or vitamin E** 3 days prior to procedure unless medically necessary.

ALL SEMI-PERMANENT COSMETIC PROCEDURES ARE MULTI-SESSION PROCESSES.

An initial application is incomplete until after a follow-up appointment, which must be scheduled approximately 6-10 weeks after your initial appointment. There is an additional charge for the follow-up appointment after your initial application. Please refer to service price list.

WHILE YOUR SKIN HEALS, BE PREPARED FOR THE COLOR INTENSITY OF YOUR PROCEDURE TO BE SIGNIFICANTLY LARGER, SHARPER, BRIGHTER, OR DARKER than what is expected for the final outcome. This is a normal and expected result of the application and healing process. The healing process will take a number of days to complete, depending on how quickly the outer layer of your skin exfoliates and new skin regrows to take its place.

Since delicate skin or sensitive areas may swell slightly or redden, some clients feel it best not to make social plans for a day or two following any procedure. Wear your normal makeup and bring your lip or brow pencils with you the day of the procedure.

Please be aware that in order to ensure we choose the right color pigment, we may need to remove any foundation or concealer you are wearing to see the true undertone of your skin. You may choose to bring your makeup to touchup after your procedure.

In order to provide all of our clients with great service and the best experience,

OUR POLICIES are as follows:

CLIENT-ONLY IN THE PROCEDURE ROOM:

Though a friend or family may accompany you to your appointment, we have learned it is best that they do not sit-in on your procedure. It is important the artist is able to have their full focus on you, the client. Friends and family tend to be a distraction for both the client and artist.

CHILDREN, TODDLERS AND BABIES.

Though we love children, toddlers and babies, we must kindly ask that you do not bring them with you to your appointment. Unfortunately, they are a distraction to the artist, as well as the other guests having services at Prima Beauty Studio. Thank you for your understanding.

CANCELLATION POLICY:

Micropigmentation is a time-intensive service. In booking your appointment, we are reserving a designated amount of time specifically for you.

If you need to cancel for any reason, we require that you cancel *at least* 48 hours prior to the start of your appointment time so that we may be able to offer this time to another client.

If your appointment is canceled with less than 48 hours' notice (or in the case of a no-show), you will still be charged the cancellation fee or no show fee of your scheduled service.

TARDINESS:

Please plan to arrive at Prima Beauty Studio 10 minutes prior to the start of your appointment. You will need to complete a consent and medical intake form. We want to make sure you have time to make yourself comfortable before the start of your appointment.

Downtown Bloomington is often congested. **Please give yourself extra time for parking.**

If you are late it will compromise the amount of time the artist has to spend on your procedure, which in turn compromises your results.

In the event that a client is more than 15 minutes late, the procedure may be canceled, and the full service fee will still apply, as we are not able to sell this time to another client.

RIGHT TO REFUSE TREATMENT:

Though it is *extremely* rare, we reserve the right to refuse treatment for the following reasons:

- Undisclosed skin condition (including sunburn/suntan)
- Under the influence of drugs or alcohol
- Any behavior which, in the opinion of the artist or Prima Beauty Studio, might compromise the artist's ability to work safely and comfortably toward the desired results, or might disrupt other clients.

Pre-Procedure Instructions

Eyebrows:

Avoid tweezing, waxing, electrolysis, and coloring your brows for two weeks prior to the procedure. This will allow your technician the most flexibility to achieve optimal results.

Please be aware that we will remove your foundation and concealer to determine your true undertones. This is vital for us to choose the right color.

We offer several different options of eyebrow pigmentation lasting from several months to several years. (Microblading vs. traditional micropigmentation). We offer hair strokes, hair strokes with shading and fully shaded brows. Your specialist will discuss the best options for you depending on your skin type, lifestyle, desired results and desired maintenance.

Rest assured, we use the best tools and the best pigments is the industry.

Eyeliner:

- **Do not wear contact lenses during or immediately following your eyeliner procedure.** Remember to bring your glasses. You may resume wearing your contact lenses as soon as your eyes return to their pre-treated condition.
- **The use of Latisse®** must be discontinued *at least* 3 months prior to your eyeliner procedure. Latisse® produces an inflammatory reaction in the skin, which causes excessive pain and bleeding. If you use Latisse® , your eyeliner will not take properly.
- **Do not use other growth stimulants** such as RapidLash®, or RevitaLash® for at least one week prior to or one week after your eyeliner procedure.
- **Lash extensions must be removed completely before your eyeliner procedure.** If you have lash extensions, we will not be able to do your eyeliner. Lash extensions pose a danger to your eyes during the micropigmentation procedure.

Lips:

If you have any history of cold sores, fever blisters, or herpes simplex, you ***must*** contact your physician to obtain and take the proper prescription medication to prevent such outbreaks for at least 4 days before and after the procedure. Many physicians prescribe 12 capsules of 500mg Valtrex. Follow your physician's instructions.

Micropigmentation is a process. Two or three sessions may be required to achieve the desired results. It is not uncommon to lose up to 70% of the color after the first session.

Please be aware that having a procedure done while on your menstrual cycle can make you hyper-sensitive at the procedure site.

You will be given detailed after-care instructions at the time of your procedure. Please call or email us with any other question you may have.

We look forward to seeing you soon!

I have been made aware of the contraindications and restrictions of micropigmentation and agree with Prima Beauty Studio's policies.

Print Name: _____

Date: _____

Signature: _____



Eyebrow Micropigmentation Post Procedure Care

General

Micropigmentation (semi-permanent makeup) procedures are affected by the “canvas” (your skin) that they are performed on. Lifestyle, medications, smoking, metabolism, facial surgery and other procedures, and age of skin all contribute to fading. The initial application is always applied conservatively because every person’s skin is different and the final color can only be precisely determined and adjusted during a follow-up appointment after the initial application has fully healed. Because of this, the micropigmentation process is not complete after the initial procedure. In all cases, a follow-up appointment is required approximately 6-10 weeks after your initial application to fine tune and ensure the best result.

Though rare, infection is possible. If you see signs of infection such as persistent increased redness or swelling, fever, drainage, or oozing, contact your doctor immediately.

- NO WATER FOR 3 DAYS - ONLY CLEANSE BROWS WITH A DAMP PAPER TOWEL FOR FIRST 3 DAYS
- Apply aftercare balm or grape seed oil to the site after **3** days and continue using twice a day until your touch up appointment.
- When the area starts to flake, leave it. Do not pick, peel or pull on the skin.
- Avoid sweating such as from vigorous exercise for 1 week post-procedure.
- For at least one week post-procedure or until healing is complete (whichever is longer):
 - Keep your hands clean and avoid touching the affected area(s).
 - Do not scrub or pick treated areas.
 - Do not use peroxide or Neosporin on treated areas.
 - Do not expose area to direct sun or to tanning beds.
 - Avoid exposing the area excessive moisture or humidity, such as: facials, swimming, whirlpools (hot tubs), saunas, steam rooms, and steamy showers.
- Avoid Retin-A, moisturizers, glycolic acids, exfoliants and anti-aging products **at all times** (not just during healing) on all micropigmented areas. These can cause pigments to fade and lighten prematurely.
- Pigments will slowly fade over time according to one’s metabolism, skin type, sun exposure, medication, facial surgery, and smoking. Schedule maintenance visits as needed to keep it looking fresh.
- Periodic touch ups will ensure longer lasting results.

Eyebrows

- A barrier cream will be applied over your brows at the completion of your procedure.
- Apply aftercare balm or grape seed oil to the site after 3 days and continue using twice a day until your touch up appointment.
- Do not resume any method of eyebrow hair removal or coloration for at least two weeks.
- Avoid eyebrow tinting within 48 hours before or two weeks after the procedure.

What will make your eyebrows fade?

- Lighter pigment - blondes fade faster than brunettes
- Oily skin - hairstrokes will both fade and blur over time
- Frequent exercise - the salt in sweat will purge the pigment from the skin
- Sun exposure - the sun bleaches everything
- Certain medications
- Anti-aging skincare products
- Acne medications and cream
- Youth – simply put, the younger/healthier you are, the faster your cells turn over

Eyebrow Micropigmentation Guide: Typical Time Between Touchups

Typical time between touchups: 4-18 months 12-24 months 18-36 months

Microblading

Microblading (hairstrokes)	X
Microblading with Shading	X
Manually Shaded Powder Brows	X

Traditional Micropigmentation

Hairstrokes	X	
Hairstrokes with Shading	X	
Shaded Powder Brows		X

Eyebrow Micropigmentation Healing schedule

If you've never had micropigmentation before, there are a lot of unknowns. One of the most common questions we're asked is what to expect during the healing process. While every person is different and some heal more quickly or slowly than others, here's generally what to expect.

Temporary side effects from micropigmentation include but are not limited to: redness, swelling, puffiness, bruising, dry patches and tenderness.

You should expect to lose approximately 30% of the initial color during the healing process. We have selected the optimal pigments for you with this in mind. In approximately six days it may appear too light. After about 10 days, the color will show more. It will appear softer when completely healed.

Day Effect

1	The eyebrows are approximately 20-25% bolder and darker in width than they will be when healed. Expect light to moderate swelling and redness. The skin's redness causes the color of the pigment to appear darker. There is some swelling, although difficult to actually see due to the thickness of the skin in the eyebrow area. This will subside. Exfoliation, which begins in a few days, will cause the excess pigment surrounding the eyebrow to flake away and a more narrow appearance will result. New skin will heal over the pigmented area and result in a softer appearance of your eyebrows. Don't be concerned that your eyebrows initially appear darker and heavier in size than you desire. This is all part of the process.
2	Conditions remain the same.
3	Eyebrows start to itch and will appear a bit thicker in texture. Exfoliation begins.
4	The skin begins to flake, peeling from the outside edges first.
5	Color finishes flaking off and appears softer and grayer for a few days until color clarifies.

6	The color has lightened from its initial overly-dark appearance. For the next few days, the color may now be lighter than what the final color will be.
10	The final color begins to stabilize and show through. The color will continue to soften as the healing process completes.

I UNDERSTAND AND ACCEPT THAT FAILURE TO FOLLOW THE POST-PROCEDURE INSTRUCTIONS ABOVE MAY RESULT IN A LOSS OR DISCOLORATION OF PIGMENT RESULTING IN A NEED FOR MORE FREQUENT TOUCHUPS.

Name (Please print legibly)

Date

Client Signature

Date

Parent Or Legal Guardian (If Client Is Under 18)

Date

Practitioner statement:

I have personally reviewed the above information with my client or the client's representative.

Practitioner Signature

Date