

Aftercare Instructions for Your Eyelash Extensions

When it comes to keeping your brand new set of eyelashes looking sleek and gorgeous, there are a few things to keep in mind. Don't stress it, though; it's all pretty straightforward, and we have got you covered with these expert pointers that will help you hold onto your new look for as long as possible!

- To prevent your extensions from falling out prematurely, **avoid oil-based cosmetics, lotions, creams, wipes, makeup removers, etc.** The oil in beauty products will make the adhesive weaken, causing your extensions to fall out, so play it safe and stick with water-based options.
- It's best to wait 24-48 hours before getting your extensions wet (wait two hours at the very least) to ensure enough time has passed for the adhesive to fully set.
- If you have to shower within the first 48 hours, do your best to avoid getting your extensions fully submerged. Many people find that placing a rolled up towel over the eye area in the shower helps keep moisture out, and keeping the water at a lukewarm temperature instead of hot helps minimize steam.
- While most of your routine can be resumed after a day or two of letting the adhesive bond, it will help to preserve your eyelash extensions if you avoid temperatures that are excessively hot or cold (i.e. saunas, steamy showers, etc.) or that deal with too much moisture. For example, while swimming is fine in moderation, avoid submerging your extensions in water as much as you can.
- When it comes to facial treatments (peels, facials, etc.), be very cautious. Try to get any treatments you need done before your application appointment. This goes for tanning as well.
- Be especially gentle around your eye area; when it comes to applying makeup or cleansing your face, be very delicate. Never rub at the eye area when trying to remove makeup, and obviously, it's best to avoid picking at your extensions.
- Again, if you choose to wear mascara with your extensions (although they will generally last longer if you don't), make sure the product is water-based as most waterproof options have oil in them, and try to resist the temptation to use an eyelash curler. This can pull and tug at the extensions, causing them to shift out of place.
- Think about investing in a high quality protective sealant; applying this to your extensions twice a week or so can help extend their lifespan.

- Try to sleep on your back; sleeping face down can aggravate the extensions.
- Use a clean mascara wand to carefully brush the extensions daily.
- If you wish to remove your extensions, always have a professional stylist do it for you. Trying to take them off yourself could result in irritation.
- Because of the eyelash growth cycle, it's perfectly normal to lose a few extensions/eyelashes every day. It most likely just means that those eyelashes were at the end of their course. This is why it's best to schedule a refill visit for 2-3 weeks after your initial application.